

## BARLEY

## SPECIFICATION

- Nutrients
- Protein
- Vitamin
- Minerals

- Calories 354 calories, Dietary Fiber 17 g, Total Carbohydrate 73 g
- **–** 22g
- Vitamin B1
- Molubdenum, Manganese, Selenium, Copper, Chromium, Phosphorous,
  Magnesium, Niacin



## USES & BENEFITS

One of the major cereal grains in the world, Barley is from the grass family and is extensively grown in temperate climates in different parts of the world. Barley exporter in India exports tonnes of barley to various countries in the world. With the growing demand of Barley in the world, Barley export from India has been increasing year after year. Indian Barley exporter export good quality barley and barley products. Barley export from India includes many varieties of barley.

