



# ★ RICE

## USES & BENEFITS

Rice is one of the most popular and widely consumed staple foods. It is consumed extensively in Asia and Africa and is the agricultural commodity with third-highest production in the world. It is generally grown as an annual plant but in areas like the tropics, it can survive as a perennial crop.

## RICE VARIETIES WE EXPORT

There are around 40,000 varieties of Rice found across the world. We broadly export two categories of Rice Basmati and Non- Basmati. There are several varieties under these two broad categories.

