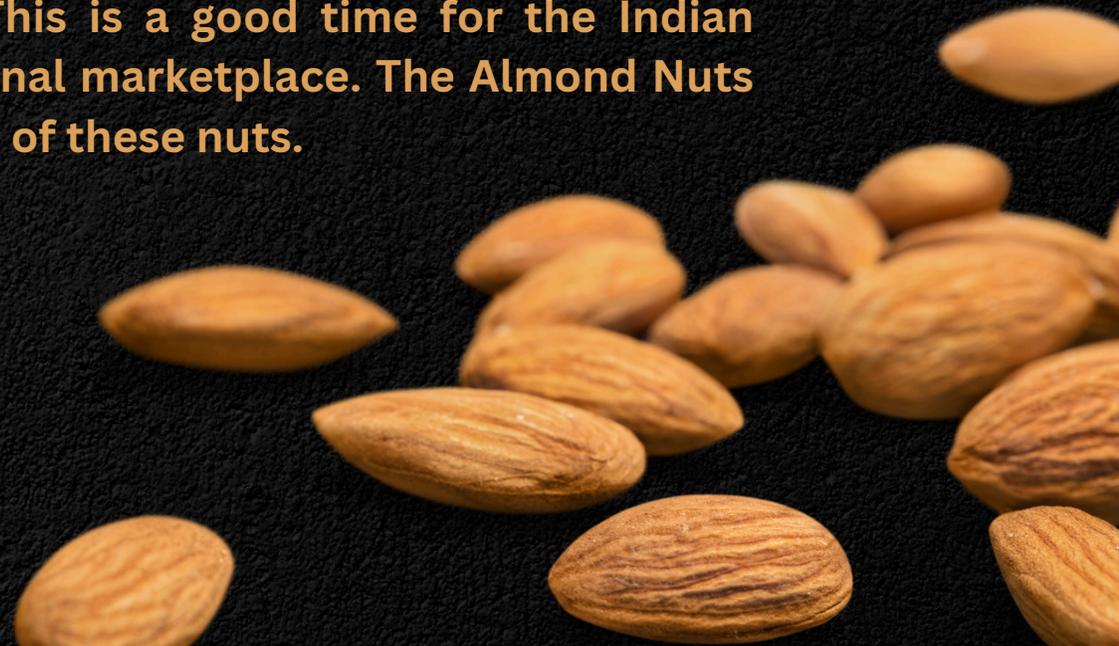


ALMOND NUTS

INDIAN ALMOND NUTS EXPORTERS

- Almonds are popularly referred to as nuts and are teardrop-shaped edible seeds. Almonds are primarily fruits of the almond tree. The Almond Nuts exporter in India exports tonnes of nuts abroad every year. The popularity of Almond Nuts has been growing in the world. This may be a reason why Almond Nuts export from India has also been growing rapidly. This is a good time for the Indian Almond Nuts exporter to enter the international marketplace. The Almond Nuts export includes the export of various varieties of these nuts.



ALMOND NUTS

INGREDIENTS

Nutrients

Calories - 161 calories, Dietary Fiber - 3.5 g
Carbohydrate 2.5 g

Minerals

Calcium, Selenium, Zinc
Magnesium, Folate, Biotin

Vitamins

Vitamin E, Vitamin B

Protein

6.g

Fats

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