

BLACK PEPPER

SPECIFICATION

Product Name

Black pepper

Origin

Kerala in South India

Family

Piperaceae

Binomial name

Piper nigrum



INGREDIENTS



Nutrients

Calories 251, Carbohydrates 64 g
Fiber 25g

Minerals

Potassium, Manganese, Iron, Zinc
Magnesium, Calcium

Vitamins

Vitamin K

Protein

10 g

Fats

3.3g

USES & BENEFITS

- Black Pepper is used in many cuisines across the world. It has a beautiful aroma and tastes delicious when used properly in different dishes.
- Some people apply black pepper to the skin for measles, nerve pain, itchy skin caused by mites, and also for insect bites.
- It is said that inhaling black pepper oil helps to quit smoking and reduce cravings, and for trouble swallowing.
- Black pepper is also used to stimulate digestion and helps relieve cough and cold. It is also said to improve skin health and help weight loss.

Pisum Foods is one of the leading Black Pepper importers from India. We have been working in the field of export of Black Pepper for a long time and have extensive experience in the field. We help our clients right from finding buyers for their products until the final delivery of the products. We make sure that the clients face no issues with any processes involved in the export of Black Pepper. If you are looking for Black Pepper export from India, drop a message to Pisum Foods and our executives will be here to help you!