

BRINJAL

INDIAN BRINJAL EXPORTERS

- India has been blessed with great climatic and soil conditions. Therefore, fruits and vegetables thrive well in India. The business of Indian brinjal exporter has been growing since the past few years. India ranks around second in the world in the production of many vegetables including Brinjal. Brinjal export from India involves several processes including documentation, health and safety measures and so on. Many varieties of brinjals are involved in the brinjal import from India.



BRINJAL

INGREDIENTS

Nutrients

Calories - 25 calories, Carbs - 5 grams
Fibre - 3 grams

Minerals

Dietary Fiber, Calcium
Antioxidants

Vitamins

Vitamin C, Vitamin K, Vitamin B6

Protein

1g

Fats

0.1g