

CORIANDER

INGREDIENTS

Nutrients	Calories - 3.68 kcal Carbohydrate 0.587 g
Protein	0.341g
Vitamins	Vitamin A, Vitamin C, Vitamin K
Minerals	Folate, Potassium, Manganese, Choline, Beta-carotene, Beta-cryptoxanthin, Lutein, zeaxanthin



Coriander seeds are plump and usually brown in colour. They have a hollow cavity which bears essential oils that flavour of the dishes when used in cooking. The Coriander Seeds exporter in India exports huge quantities of the product each year. Coriander Seeds export from India is considered a great business opportunity for our local vendors and farmers to expand their businesses and enter the international market. The Indian Coriander Seeds exporter exports several varieties of these seeds to different parts of the world. The Coriander Seeds export has great demand in the world today.