INDIAN FLAX EXPORTERS

• Flaxseeds are also popularly known as Linseeds. These seeds come from the flax plant of the Linaceae family. Flax exporter in India export tonnes of Flax each year. Due to several uses and benefits of Flax seeds, the flax export from India has been growing year after year. Linseed export is thus being considered as a good opportunity for the Indian Flax exporter to enter the international market.



FLAX

INGREDIENTS



Nutrients

Calories - 37 calories, Fiber - 1.9 g, Carbs 2 g

Minerals

Thiamine, Copper, Magnesium Phosphorous, Molybdenum

Vitamins

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Protein

1.3g

Fats

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