

GREEN CHILLI PEPPER

SPECIFICATION

Product Name

Green Chilli Pepper

Origin

Mexico

Family

Solanaceae

Binomial Name

Capsicum annum



INGREDIENTS

Nutrients

Calories 40 kcal, Total Carbohydrates 9g
Dietary Fiber 1.5g

Minerals

Calcium, Iron, Magnesium

Vitamins

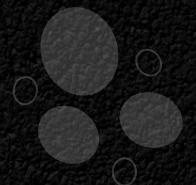
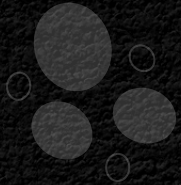
Vitamin A, Vitamin B-6, Vitamin C

Protein

2 g

Fats

Fat 0.2g



USES & BENEFITS

- Green chilli Pepper has absolutely zero calories. Therefore it is a perfect spice ingredient for those focused on a healthy diet.
- Green Chilli Pepper is also rich in vitamin C and beta-carotene. Thus, chillies are great for the skin regime and help to keep your skin healthy and glowing.
- The Capsaicin in green chillies is known to lower body temperature. It stimulates the cooling centre of the hypothalamus in the brain.
- Green chilli Pepper is also useful to balance blood sugar levels. Therefore it is helpful for diabetics diet problems and a more stable lifestyle.

Pisum Foods is one of the leading Green Chilli Pepper importer from India. We help our clients export various food products including fruits, vegetables, grains, pulses, oilseeds, so on and so forth. The export of Green Chilli Pepper may be a complicated process at times. Pisum Foods will help you with every step on the way until the products are delivered to their destination. If you are looking for Green Chilli Pepper export from India, Contact Pisum Foods now!

