

GREEN CHILLI

INDIAN GREEN CHILLI EXPORTERS

- Green chillies are one of the most important parts of Indian cuisine. Green chilli exporter in India exports tonnes of chillies abroad each year. The growing popularity of the green chillies is because of its unique flavour and aroma. Green chilli export from India is thus a good business opportunity for our local farmers and vendors to enter the international market. Green chilli import from India includes the import of different types and qualities of chillies.



GLOBAL MARKET DEMAND



- The Global Demand for green chillies and its products has been growing. This may be due to the rising popularity of its flavour and health benefits. The Green Chilli exporter in India exports premium quality green chillies to many countries in the world. The Green Chilli import from India is thus also expected to rise in the coming years.

GREEN CHILLI

SPECIFICATION

Product Name

Green Chillies

Origin

Mexico

Family

Solanaceae

Binomial Name

Capsicum annum

GREEN CHILLI

INGREDIENTS

Nutrients

Calories 40, Total Carbohydrate 9 g
Dietary Fiber 1.5 g

Minerals

Calcium, Iron, Magnesium

Vitamins

Vitamin A, Vitamin C, Vitamin D
Vitamin B6

Protein

2 g

Fats

0g

USES & BENEFITS

- Chillies are known to be very good for skin health. Chillies are known to be rich in vitamin C and beta-carotene. Thus they are very good for your skin and keep it healthy and glowing.
- If you have iron deficiency, chillies should be included in your diet. This is a great way to improve the taste of your meals and your overall health as chillies are a natural source of iron.
- Green chillies also help to balance blood sugar levels. Probably chillies can be the answer to many diabetics diet problems and a more enjoyable lifestyle.
- Chillies are also useful to improve your immune system. They help to combat the common cold and sinus infections. Adding chillies to your diet thus can be very useful.

If you are looking for a Green Chilli importer in India, Pisum Foods is one of the best options! Export of green chilli from India can be a complicated process. But don't worry anymore! We at Pisum Foods are here to help you. We help our clients at every stage of the export process until the final order is delivered. Our executives are well trained and equipped to handle any issues. Want to export green chillies? Contact Pisum now!