

MINT

INDIAN MINT EXPORTERS



- Mint includes peppermint, spearmint, and such other varieties that belong to the genus *Mentha*. Mint is particularly known for the cooling sensation they impart. Mint is used in various cuisines across the world. The Mint exporter in India exports tonnes of Mint every year. Due to the various health and medicinal benefits of this herb, the Mint export from India has been on a rise over the years. This is a good opportunity for the Indian Mint exporter to expand his business and enter the international marketplace. Various varieties and qualities of Mint are included in the Mint export.

GLOBAL MARKET DEMAND

- India produces around 80% of the world's mint supply and exports 75% of its output. The Mint exporter in India exports an increasing amount of Mint and its products to many countries in the world. Mint also enjoys growing popularity due to its nutritional values and various uses. The Mint import from India has been increasing due to the good reputation of the Mint exported from India.



MINT

SPECIFICATION

Product Name

Mint

Origin

**Eurasia, North America,
southern Africa, and Australia**

Family

Lamiaceae

Binomial Name

Mentha

MINT

INGREDIENTS

Nutrients

Calories 6 kcal, Dietary Fiber 1g

Minerals

Iron, Manganese, Folate

Vitamins

Vitamin A

Protein

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Fats

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USES & BENEFITS

- Mint is popularly known as a herbal remedy. It helps in calming stress and anxiety and promoting restful sleep.
- Peppermint tea is a great way to ease an upset stomach, calming the digestive tract and alleviate indigestion, gas, and cramps.
- Mint has been used in traditional medicines in ancient times. It is used in human and veterinary medicine, as insecticides or insect repellents, and as antifungal or antibacterial protection for crop plants.

If you are looking for a Mint importer from India, Pisum Foods is your best choice! We at Pisum Foods have extensive experience and knowledge in the food export industry. Our executives will help you at every step of the process of the export of Mint. From documentation until the final delivery of the products, it will all be taken care of by Pisum. Interested in Mint export from India? Contact Pisum now!