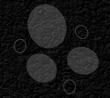
INDIAN MUSHROOM EXPORTERS



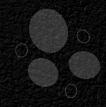
Mushrooms have been a non-traditional cash crop in India. Grown indoors, both
as a seasonal crop and under the controlled environmental conditions,
mushroom export in India is on the rise. Some of the major export destinations
for the mushroom exporter in India include the US, Israel and Mexico. Mushroom
import from India includes importing fresh and processed mushrooms.





MUSHROOM

INGREDIENTS



Nutrients

Calories - 22, Total Carbohydrate 3.3 g
Dietary Fibre 1 g

Minerals

Iron, Phosphor, Copper, Potassium Selenium

Vitamins

B vitamins:- riboflavin, niacin, and pantothenic acid

Protein

3.1 gm

Fats

0.6 gm

