

## RADISH

# INDIAN RADISH EXPORTERS

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- Radish also known as *Raphanus sativus*, is a herbaceous annual or biennial plant in the family Brassicaceae, usually grown for its edible taproot. The Indian Radish exporter exports tonnes of radish abroad every year. The popularity of radish has been growing in the world. This may be a reason why Radish export from India has also been growing rapidly. The export of Radish includes the export of various varieties of the product.





## RADISH

# INGREDIENTS

### Nutrients

Calories - 16 calories, Dietary Fiber - 1.6 g  
Carbohydrate 3.4 g

### Minerals

Calcium, Iron, Magnesium

### Vitamins

Vitamin C, Vitamin B-6

### Protein

0.7g

### Fats