

RAISINS

INDIAN RAISINS EXPORTERS

- Raisins are basically dried grapes. They are shrivelled, bite-sized morsels of sweetness. They are a great and healthy snack option. The Raisins exporter in India exports tonnes of the product each year to many countries. The Raisins export from India has been increasing over time due to the growing popularity and the uses of the product. This is a good opportunity for the Indian Raisins exporter to expand his business and enter the international market. The Raisins export from India includes the export of many varieties of this product.

GLOBAL MARKET DEMAND

- Raisins are rich in minerals and nutrients and therefore have many health and medicinal benefits. The Global Market Demand for Raisins has been on a rise in the world. The Raisins exporter in India exports to many countries including Morocco, Saudi Arabia, Russia, Sri Lanka and so on. The Raisin import from India has been increasing due to the great reputation and quality of the raisins exported from India.



RAISINS

SPECIFICATION

Product Name

Raisins

Origin

Corinth, Greece

Family

Rhamnaceae

Binomial Name

Vitis vinifera L.

RAISINS

INGREDIENTS

Nutrients

Calories 299 kcal, Total Carbohydrates 79g
Dietary Fiber 3.7g

Minerals

Calcium, Iron, Magnesium

Vitamins

Vitamin B-6, Vitamin C

Protein

3.1.g

Fats

0.5.g

USES & BENEFITS

- Raisins are said to be good for digestion. They contain fibres that swell in the presence of water. This gives a laxative effect to the stomach and helps in relieving constipation.
- Raisins are rich in potassium and magnesium. This helps to reduce acidity levels and remove the toxins from the system, preventing diseases like arthritis, gout, kidney stones and so on.
- Raisins contain iron and other B-Complex vitamins which help treat anaemia. The copper in the raisins helps in the production of red blood cells.
- Raisins contain polyphenolic phytonutrients also known as anti-inflammatory antioxidants. They exhibit antibacterial properties that help lower the risk of fever and kill the bacteria.

Pisum Foods is one of the leading Raisins importer from India. We help our clients export various food products including fruits, vegetables, grains, pulses, oilseeds, so on and so forth. The exporter of Raisins has a great business opportunity to enter the international market and earn good revenues. If you are looking for Raisin export from India, Contact Pisum Foods now!