

STAR ANISE

SPECIFICATION

Product Name

Star Anise

Origin

Southeastern part of
China and Vietnam

Family

Schisandraceae

Binomial name

Illicium verum



INGREDIENTS

Nutrients

**Calories - 21.9(91.7 kJ)
Carbohydrate - 3.3g**

Minerals

**Calcium, Iron, Magnesium, Phosphorus,
Potassium, Sodium, Zinc, Copper,
Manganese, Selenium, Fluoride**

Vitamins

Vitamin A and C

Protein

1.0 g

Fats

1.0g

USES & BENEFITS

- **Medicinal Uses** - The oil produced from star anise contains thymol, terpineol and anethole. This may be used for treating cough and flu. Anise also may help to improve digestion, alleviate cramps and reduce nausea.
- **Culinary Uses** - It can be used as a whole or as a powder in various dishes. Star Anise is used in Indian, Chinese and Vietnamese cuisines.
- **If you wish to export Star Anise, Pisum Foods is one of the leading exporters in India. When you export products, it comes with several responsibilities including documentation, checking if the product meets the quality and health standards and so on. Pisum foods, the best importers from India, will assist you with every step on the way. Pisum will make sure that your products reach any corner of the world fresh and safe!**